

CURRICULUM VITAE : Jan Albert VOS, Ph.D.

Born: 06-09-1939 in Arnhem, The Netherlands.

Education:

Lorentz HBS-5 years: Arnhem. (1957).

Academy of Physical Education Amsterdam: (1957 - 1961).

Sportofficer in the Army (1961 - 1963).

Gymnastic Teacher Highschool Nijmegen (1963-1965).

Scientific researcher Department of Exercise Physiology,
University of Nijmegen, The Netherlands.(1963-1999).

Invited by Prof.E.Karvinen to start and train personnel staff for new
Exercise Laboratory in University of Jyväskylä (Finland), Head of
Department: Prof.E.Karvinen in 1973.

Worked in Finland 6 months in 1973; in 1978; in 1988 (LIKES).

Thesis: Static and Dynamic Strength Measurements ,
University of Gent, Belgium, 1976. **Ph.D. degree.**

Annual Prize winner Dutch Sportmedicine Award for thesis work. (1976).

Invited by Prof.Dr.V.Vihko (Director LIKES, University of Jyväskylä,Finland
to manage Laboratory of Exercise Physiology during the year 1988.

Co-founder, with Dr.Ir. P.Kimmich, of International Society of Biotelemetry,
(1969).

Research work areas: Exercise Physiology:

Measuring **Body Composition; Oxygen Uptake; Strength and Telemetry** in
large groups untrained and trained (world class-; national- and club level in 32
different types of sport like:

Soccer (f.e. Ajax; Feijenoord; Vitesse , NEC, Roda JC, Emmen and many
Amateur clubs);

Track and Field (f.e. trainer of World Record holder Jos Hermens (1969-1976);

Waterpolo; Handball; Boxing; Wrestling; Badminton; Skating, Volleybal;

Basketbal; etc.

Measuring Men and Women aging 12 - 80 years. All together I measured
between 60.000 and 70.000 people. Some groups I followed in research over
35 years.

Nowadays research in Strength Measurements Equipment and development
cooperation of software programmes concerning the research areas mentioned
above. Our system is in use in Belgium , Finland and on 24 different places in
The Netherlands like the Army and Air Force; large Rehabilitation Centers,
Research laboratories; Hospitals; Physiotherapist practices, etc.

Publications: 4 Books; >70 publications in International and National Scientific Periodicals and Reviews; TV Program 1994.

Teaching and managing courses in Exercise Physiology for Ned.Paramedisch Instituut for Physicians; (sport) Physiotherapists and Trainers.(National Sport Center (Papendal), Since 1976 uptill nowadays 2013.

Own Sportactivity: Boxing (1957–1974) ; Long distance runner (since 1956 uptill now, Marathon (Marathon - Athens in Greece 1975); Cycling (New-Zealand Tour in 1997 and 2007 during 2 months); Cross-country skiing in Finland. Training 2-3 times per week.

Website: <http://www.ja-vos.nl/> and <http://www.fitvos.nl/>